

Holme Valley Mountain Rescue Team

Rescue Ramble – Saturday 9th September 2017



Thank you for your interest in this challenge event which is in aid of Holme Valley Mountain Rescue Team.

The Routes

There will be 3 distances to choose from – 25 miles, 16 miles and 8 miles – and you can enter as a walker or runner.

These are all on the OL1 (Peak District Dark Peak) and OL2 (South Pennines) maps. The major part of the routes will be along tracks and paths crossing fells and pastures, with some pathless sections crossing moorland. The routes are way-marked and a full route description will be available prior to the walk. However, the onus for route finding is with you, the entrant. All participants are expected to be able to navigate the route using their own skills. Whilst every care has been taken when preparing the route descriptions, the organisers cannot be held responsible for individuals route finding errors.

Safety

It is essential to carry the correct equipment and clothing for this type of event – waterproofs, maps, compass, whistle, emergency food / drink, appropriate footwear.

Refreshments

Basic refreshments will be provided at certain checkpoints. Food will be available at the finish.

Sponsorship

All the routes are of a challenging nature. If you would like to raise money for Holme Valley MRT a sponsor form is available and is very much appreciated. Alternatively, you can set up a page on www.BTMyDonate.com so people can sponsor you online.

Entry details

Please complete the attached Entry Form and send it by post or email to :-

post - HVMRT RR, Emergency House, Manchester Road, Marsden, Huddersfield, HD7 6EY

Please enclose a cheque made payable to Holme Valley MRT for the correct amount.
Confirmation will be sent by email unless a SAE is enclosed.

email – hvmrt@hotmail.co.uk payment can be made online or by BACS transfer – see website for details. Confirmation will be sent by email.

Entry guidelines – please note that an age limit has been set. Minimum age is 16 years for 25 miles; all under 16s to be accompanied by a participating parent or guardian.

A time limit of 10 hours applies to all distances.

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Entry Form



Name _____

Address _____

Tel no. _____ Mobile _____

Email _____ DOB _____

Event / Entry Fees- please tick relevant boxes (* add £2.00 to fees below for entries on the day)

8 miles	£10.00 *	<input type="checkbox"/>	Walk	<input type="checkbox"/>	Run	<input type="checkbox"/>
16 miles	£11.00 *	<input type="checkbox"/>	Walk	<input type="checkbox"/>	Run	<input type="checkbox"/>
25 miles	£12.00 *	<input type="checkbox"/>	Walk	<input type="checkbox"/>	Run	<input type="checkbox"/>

Please note: minimum age 16 years for 25 miles; under-16s to be accompanied by a participating parent / guardian.

Payment - please tick payment method

- Cheque
- BACS transfer
- Online via Paypal account
- Online via Debit / Credit card using Paypal system

Food – please tick if vegetarian option required

Disclaimers

Entrants under the age of 16 years – Parent / Guardian must sign the following -

I agree that my child and I will abide by the agreement below and I further declare that my child has permission to take part in the Rescue Ramble event and will be accompanied throughout the event by

Signed Date Relationship

All entrants to read, complete and sign below -

I agree that Holme Valley Mountain Rescue Team and its appointed representatives shall in no way be held liable for any loss, damage or bodily injury however sustained during the course of the Rescue Ramble event. I hereby indemnify Holme Valley Mountain Rescue Team and its appointed representatives against all claims, proceeding actions and costs in respect of such loss damage or bodily injury herein before referred to.

Signed Date